

Curriculum Vitae

Ileana Carmen Rogobete, PhD (University of Cape Town)

Director of Professional Board, Institute of Family Therapy and Systemic Practice

Clinical Psychologist, Psychotherapist, trainer and supervisor

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EDUCATION and TRAINING

- 2008 - 2011 – Doctoral studies (PhD in Psychology), Department of Psychology, University of Cape Town (South Africa), with a thesis on: “Reconstructing trauma and recovery: Life narratives of survivors of political violence during apartheid”.
- 2004 – 2006 - Diploma in Systemic Family and Couple Therapy, Course leader: Hugh Jenkins, London Institute of Psychiatry, UK (620 hours of direct training)
- 2003 – 2004 - Certificate in “Sensitization to Systemic Thinking – Introductory level of Training in Family Therapy and Systemic Practice”, The Athenian Institute of Anthropos, Greece (120 hours of direct training)
- 2003 – 2004 – Post-university Degree in Social Psychology and Leadership, The West University of Timisoara, Romania
- 1999 – 2003 – BA/Hons Degree in Psychology, The West University of Timisoara, Romania
- 1994 – 1996 – Certificate in Teaching English as a Foreign Language, London University, UK

FURTHER TRAINING AND SPECIALIZATION

- 2017 – Certified EFT (Emotionally Focused Therapy) supervisor & therapist, ICEEFT Ottawa
- 2015 - 2017 – Individual supervision on EFT practice with couples (14 hours); EFT certified supervisors: Judith Kellner
- 2016 - present – Group supervision on EFT practice; EFT certified supervisor: Simona Herb
- 13 -15 March 2016 – Intensive course on EFT Core Skills 2 (24 hours); Trainer: Rebecca Jorgensen, PhD
- 25-27 October 2015 - Intensive course on EFT Core Skills 1 (24 hours); Trainer: Rebecca Jorgensen, PhD
- 19-22 March 2015 - Intensive course on EFT Externship (30 hours), Trainer: Rebecca Jorgensen, PhD
- 7-8 November 2014 - Intensive course on Introduction in EFT (16 hours); Trainer: Judith Kellner, PhD (New York Center for Emotionally Focus Therapy).

PROFESSIONAL EXPERIENCE and INVOLVEMENTS

- 2017 – Member of Developmental and Educational Advisory Board, Cambridge Scholars Publishing
- 2008 – present – Director of Professional Board, clinical trainer and supervisor, family and couple psychotherapist, Areopagus Institute of Family Therapy and Systemic Practice, Timisoara, Romania
- 2013 - Associate lecturer, Faculty of Sociology and Psychology, West University of Timisoara; Modules: Integrative approaches in family therapy; Communication and conflict resolution
- 2007 – 2013 – Associate lecturer on Family and Group Therapy, Department of Psychology, Cornerstone Institute, Cape Town
- 2009 – 2011 – Family psychotherapist, Family Association of South Africa (FAMSA), Cape Town
- 2008 – 2009 - Research assistant, Systemic family interventions with first episode psychosis patients, University of Stellenbosch, Tygerberg Hospital, Cape Town, Project coordinator: Dr. Renata Schoeman
- 2007 – 2008 - Research assistant, *Group therapy with clinically depressed HIV patients*, University of Stellenbosch, Karl Bremmer Hospital, Cape Town, Project coordinator: Dr. Lenna Anderson.
- 2006 – 2007 - Director of Training, Areopagus Institute of Family Therapy and Systemic Practice, Timisoara
- 2006 – Co-organizer and member of the Scientific Committee of the Second International Conference of Family Psychotherapy and Systemic Practice, Romania
- 2003 – 2007 – Psychologist/Psychotherapist, Coordinator of the Department of Counseling and Psychotherapy, Areopagus Regional Centre for Social Integration and Human Development, Timisoara
- 2004 – 2006 – Project coordinator and grant director - Geneva Global Inc., “The improvement of the life quality of the children and families affected by HIV/AIDS”
- 2006 – 2007 - Project coordinator and grant director – Samaritan Purse, Ireland, “Assisting HIV positive children and their families from poor villages”
- 2006 – 2007 - Project coordinator and grant director – Samaritan Purse, Ireland, “Prevention Program reaching over 3 000 teenagers from Timisoara, Romania: HIV/AIDS Health Education Project ”
- 2005 – 2006 – Coordinator of the training program on Systemic Family and Couple Therapy
- 2005 – Moderator and coordinator of a round-table discussion on „The social and psychological care of HIV patients”, The Areopagus Regional Center of Social Integration and Human Development, Timisoara, Romania

- 2005 – 2006 – Advisor and collaborator of 13 series of TV programs with the theme „The identity and character of the new generation”, Alfa Omega Production in cooperation with USAID
- 2001 – 2003 - Co-therapist and therapist under supervision, group therapy with socially disadvantaged youngsters, Areopagus Regional Centre for Social Integration and Human Development, Romania

PROFESSIONAL AFFILIATIONS since:

- 2016 – Member of ICEEFT, Ottawa, Canada
- 2013 – Member of the Scientific Committee, *Ubuntu* Centre for African Studies, West University of Timisoara, Department of Political Science and Communication
- 2012 – Member of the Golden Key International Honour Society - for top 15% of academic achievers at University of Cape Town
- 2012 – Member of the UCT Development and Alumni Association
- 2009 – Member of the European Family Therapy Association (EFTA)
- 2009 – Member of ARCADIA – The Romanian Association for International Cooperation and Development
- 2008 – Member of the Training Division of the International Family Therapy Association (IFTA)
- 2008 – Member of the Psychological Society of South Africa
- 2006 – Member of the Board of Directors, Areopagus Regional Centre for Social Integration and Human Development, Romania
- 2006 – Founding member of the Institute of Family Therapy and Systemic Practice, Romania
- 2006 – Member of the Romanian National College of Psychologists
- 2006 – Member of the Romanian Federation of Psychotherapy
- 2006 – Member of the European Federation of Psychotherapy
- 2004 – Member of Romanian Association of Psychologists

PUBLICATIONS

- Rogobete, I. (2015). *Reconstructing trauma and meaning*. Newcastle: Cambridge Scholars Publishing. (June 2016 – Book of the Month Award ; December 2016 – Selected for marketing campaign in observance of Human Rights Day)
- Rogobete, I (2014). Challenges of adolescence, conflict and solutions. In S. Rizeanu. *Psychotherapy and Counselling. Case Studies. Various therapeutic approaches*. (pp. 73-98). Bucharest: Editura Universitara.
- Rogobete, I. & Rogobete, S. (2014). Narrative constructs of resilience in post-apartheid South Africa. In S. Ionescu (Ed.). *From Person to Society: The Second International Congress on Resilience*, pp. 761-766. Timisoara, Romania : Medimond International Proceedings.
- Rogobete, I & Neagoe, A. (Eds.). (2013). *Contemporary Issues facing families: An interdisciplinary dialogue*. Bonn: Culture and Science Publishing

- Rogobete, I. & Foster, D. (2013). Text and context : The role of narratives and healing relationships in developing resilience. In Rogobete, I & Neagoe, A. (Eds.). (2013). *Contemporary Issues facing families: An interdisciplinary dialogue*, pp. 63-80. Bonn: Culture and Science Publishing.
- Rogobete, I. (2013). Legacies of repressive regimes : Life trajectories in the aftermath of political trauma. In P. Runcan, M. Rata & A. Gavreliuc (Eds.). *Applied social sciences : Psychology, physical education and social medicine* (pp. 83-90). Cambridge Scholars Publishing.
- Rogobete, I. (2012). Searching for meaning: Recovery and growth in the aftermath of trauma. In Neagoe, A. (Ed.). *Counselling and spirituality in the helping professions* (pp. 37-51). Bonn : Culture and Science Publishing.
- Rogobete, I., Smyth, A. & Franciscus, G. (2012). Assessing the impact of outcomes-based education, family dynamics and psychosocial stressors on student academic adjustment in South Africa. *AUDEM: The International Journal of Higher Education and Democracy, Sunny Press, 2*, p. 121-143.
- Rogobete, I. (2011). Games of knowledge and power: Towards an authentic therapeutic relationship. In Neagoe A. (Ed.). *Values and spirituality in social work practice* (pp. 213-222). Bonn : Culture and Science Publishing.
- Rogobete, I. (2007), When change sounds threatening: Myth and paradox in systemic family psychotherapy. In A. Neagoe & I. Radu (Eds.). *Continuities and discontinuities in a time of change*, (p. 27-51). Timisoara (Romania): West University of Timisoara.
- Gavreliuc A., Bozian M., Rogobete I., Gavreliuc D. (2006). *Cross-cultural psychology: The impact of cultural determinations upon psychosocial phenomena*. Timisoara (Romania): West University of Timisoara.
- Rogobete I., (2002). Social identity by Richard Jenkins - Book review. *Journal of Applied Psychology, 1*, West University of Timisoara.

SCIENTIFIC PRESENTATIONS (a selection)

- Selected as a presenter (with Isha Williams and Dr. Ileana Ungureanu) at the IFTA World Family Therapy Congress, 5 March 2014 with a panel discussion on "*Multicultural Perspectives on Family Therapy Training and Supervision: A three continents journey*".
- Guest speaker at Model NATO Youth Summit, Defense Policy and Planning Committee, "*A systemic collaborative approach to post-conflict recovery after war trauma*", 1-7 December 2014, Montenegro.
- Guest speaker at Model NATO Youth Summit, Political and Partnership Committee, "*Women, Peace and Security in Afganistan: Adressing gender issues in a culturally sensitive way*", 1-7 December 2014, Montenegro.
- Co-organizer, Chair and Member of the Scientific Committee of the International Conference on "Contemporary issues facing families: An interdisciplinary dialogue", Timisoara 13-15 September 2012, Romania.
- *Reconstructing trauma and recovery: Life narratives of survivors of political violence during apartheid in South Africa*. Unpublished doctoral dissertation. University of Cape Town. December, 2011.
- *Trauma and recovery in post-apartheid South Africa*. Second national symposium on continuous traumatic stress in South Africa. Cape Town, 20 June 2011.
- Guest speaker at the International Conference for Family Therapy, Cape Town. May 2011, "*Working systemically with families and couples*".

- *Contemporary trends in higher education in South Africa*. Presentation at the 16-th South African Psychology Congress, Cape Town, August 2010.
- *Structural-strategic interventions in working with families and couples*. Areopagus Institute of Family Therapy and Systemic Practice, March 2010, Romania.
- *Long Walk to Healing: Reconciliation and Meaning Reconstruction with Families Affected by Political Trauma*, workshop presentation at the 15th South African Psychology Congress, Cape Town, 2009
- *Building an Authentic Therapeutic Relationship: A systemic Perspectives on Working with Couples and Families*, Presentation at the 14th South African Psychology Congress: Respecting Diversity, Johannesburg, 2008.
- *The Self of the Therapist in the Process of Cultural Self-differentiation: Dialogue in the Context of Cultural Diversity*, Presentation at the National Conference of Psychology, Timisoara, Romania, 2008
- *Communication and Cross-cultural Skills*, Workshop presented at Erasmus Summer Course, Globalization and Communication. Transparency and Democracy Building in Europe, Dept. of Political Science, Philosophy and Communication Sciences, West University of Timisoara, 2008
- *Myth and Paradox in Systemic Family Psychotherapy*, Sub-plenary presentation at the Second International Conference of Family Therapy and Systemic Practice, Timisoara, Romania, 2006
- *Theories of Human Development*, 40 hours teaching module presented at the Evangelical Institute of Osijek, Croatia, 2006
- *The Therapeutic Potential of Systemic Diversity*, presentation at the Symposium of Family and Couple Therapy, Romania, 2005
- *Values and Beliefs: a Cross-cultural Perspective on the Romanian Period of Transition*, workshop presentation, Timisoara, 2005.
- *The Family Dynamic and its Role within the Romanian Society's process of transition –* Plenary presentation at “The Family of the Romanian Society” Conference, Oravita, 2004
- *Work Values and the Process of Social Change in Romania*, a 4 hours workshop. presentation at the Cultural Awareness Conference on Romanian Mentalities and Practices, Timisoara, 2004.
- *Sources of Cognitive Dissonance and Possible Ways of Solving it*, a seminar presentation at the Evangelical Institute of Osijek, Croatia, 2001.
- *James Fowler and the Stages of Faith*, a psychology of religion seminar presentation at the Evangelical Institute of Osijek, Croatia, 2001.
- *The Romanian Cultural Matrix: norms and values / customs and behaviors*, presentation at the Romanian Cultural Awareness Conference, 14 editions during 1998-2006.